



World Mental Health Day

Talk Mental Health Gazebo 06/10/18

Want to be involved but unable to join us on the day?

We're looking for donations of cakes from keen bakers.

Donated cakes will be given to the public in return for allowing us to ask one mental health based question.

We're looking for cakes which are outwardly colourful, and dull or grey inside or vice versa.

For inspiration go to www.depressedcakeshop.com

If you are able to bake us some cakes, please contact Lee:

L.rawlings@nhs.net

Tel: 01225 362 724

Mob: 07917 210 187

