

**Fun Division Event Volunteer**

**Project/Service:** Fun Division/St Mungo’s

**Location:** Bath & North East Somerset

**Support and supervision** Paul Rimmer & Ralph Lillywhite

**Commitment:** A monthly event (3 hour minimum) with a minimum commitment of 5 hours a month for event organisation and or mentoring people attending events

**Where will I be volunteering?**

Bridges to Wellbeing is involved with the set up and delivery of a variety of peer led groups in BANES that support mental health and wellbeing, the development and production of the Hope Guide, coordination of the Peer Mentoring Project and offers a variety of training to volunteers. This role is primarily to help with the organisation and facilitation of Fun Division, a monthly event based around fun activities and learning, with an aim to reduce social isolation and anxiety, creating a warm and inclusive community.

**What will I be doing?**

* Helping with the planning and organisation of each event, having an active input, while taking the lead/co-lead on one event every four months.
* Involving other volunteers.
* Acting as a facilitator and co-host to events, creating a safe, respectful and inclusive environment.
* Mentoring and supporting people to attend and engage with the event and each other.

**What skills and qualities do I need?**

* The ability to organise effectively with a creative approach.
* Good interpersonal skills.
* Confidence in your own ability to socialise and bring people together to create connections.
* Commitment, patience and reliability.
* A desire to help people overcome their personal challenges by providing a supportive environment in which to flourish.
* The ability to respond with sensitivity and respect to people with mental health issues.
* The ability to cope with people who may sometimes display challenging behaviour.

**What Commitment do I need to make**

* Events will take place once a month either in the daytime or the evening.
* In the run up to the event, you will liaise with other volunteers and staff to ensure the event is well planned, supported and promoted.
* Provide support before and during the event to participants requiring it.

**What Support Will I Receive?**

* Induction, core training and the option of attending mentoring training
* Support from St Mungo’s Building Bridges staff and fellow Fun Division volunteers
* Three-monthly supervision through St Mungo’s.
* Volunteer travel expenses are reimbursed and access to training through St Mungo’s.
* A support agreement between St Mungo’s and Fun Division will be reviewed with your inpu, to ensure your support remains relevant.

**I would like to help:**

Complete the online application form which is available on our website. If you need support with filling out the online application please get in touch. Contact details:

**Email:** volunteerservices@mungos.org **Telephone:** 020 3856 6160